



27 May 2015

## **'Hip' Birmingham team join Dimbleby anniversary walk**

A team of 10 colleagues and friends from Birmingham are hitting the streets this summer to raise money for cancer care charity, *Dimbleby Cancer Care*.

The group from the McMinn Centre, a pioneering hip resurfacing and knee replacement centre, will be joining broadcaster Jonathan Dimbleby and a host of walkers on Friday 5th June to take part in *Dimbleby Cancer Care's* 50/50/50 event - a 50km walk through London during the night that aims to raise £50,000.

*Dimbleby Cancer Care* was set up in 1966 in memory of broadcaster Richard Dimbleby and is based at Guy's and St Thomas' hospitals in London. It gives practical and psychological support to people living with cancer and to their families and carers.

Derek McMinn, 61, Consultant Orthopaedic Surgeon and founder of the McMinn Centre said: "I first met Jonathan when I resurfaced one of his hips 11 years ago and the next one five years later so when he invited me and my team to take part in this exciting challenge I couldn't say no. I not only wanted to raise money for such a great cause but also wanted to see his new hips in action and see how they would stand up to such an endurance challenge.

"Cancer is something that has affected each and every one of us in one way or another and there was no hesitation in signing up to raise money for a charity that supports those with the disease, as well as those around them. It will also be a personal challenge for each of us to go the distance. We are aiming to raise £5,000 collectively as a team and we are over half way there already."

Joining Derek on the McMinn Centre team is Joseph Daniel, Hena Ziaee, Pam Charles, Emma Carr, Rob Knowles, Wayne Carr, Peter Allen, Philippa Gilmour and Chris Knowles. The team are all from the West Midlands area except Peter, another of Mr McMinn's patients with two resurfaced hips, who is visiting the UK from Singapore!

The event is an endurance challenge in support of the charity founded in honour of Jonathan's father, Richard, who died 50 years ago this year. Starting in the evening, the walk's route takes in famous London landmarks including Trafalgar Square, Buckingham Palace, the British Museum, the Tower of London, Canary Wharf and Greenwich. The event, which is sponsored by *Leon*, starts at St Thomas' hospital and finishes at Guy's hospital, the two hospitals where the charity provides its services.

Jonathan Dimbleby, Chair of *Dimbleby Cancer Care* added: "It is great that Derek and his team can join us for what will be a terrific event. With two Birmingham Hip Resurfacings (BHRs) performed by Derek himself, I will definitely make the

distance – but if I don't I'll blame him! To be serious I am extremely grateful for their support and I wish them all luck in reaching their fundraising goal.”

All the money raised will go towards the charity's 'Care for the Future' appeal, which aims to raise £500,000 by the end of 2016 so that it can continue and expand its work within the cancer community.

To support the McMinn team please visit:

<https://www.justgiving.com/teams/McMinnCentre>

## ENDS

**Pic caption:** (Left to Right) The McMinn Centre Team: Pam Charles, Joseph Daniel, Hena Ziaee, Derek McMinn, Rob Knowles, Emma Carr

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## Notes to editors

### About Dimbleby Cancer Care

*Dimbleby Cancer Care (DCC)* was set up in 1966 in memory of broadcaster Richard Dimbleby and is based at Guy's and St Thomas' hospitals in London. It provides practical and psychological support to people living with cancer and to their families and carers. With half the population likely to be diagnosed with cancer at some point in their lives, its mission is to raise the funds to meet this rapidly growing need. The charity has an Information Centre, Psychological Support Service, Complementary Care Service and Benefits Advice Service – all are now recognised throughout the NHS to be critically important but they can only be delivered with the support of charities like *DCC*. The charity will have its new home at the very heart of the new cancer centre at Guy's hospital which opens in 2016. To ensure that the every possible need is identified *DCC*'s research fund also awards grants of up to £300,000 a year to find better ways of helping those living with cancer. [www.dimblebycancercare.org](http://www.dimblebycancercare.org)

### About 'Care for the Future' appeal

*Dimbleby Cancer Care*'s 'Care for the Future' appeal aims to raise £500,000 over the next two years so that it can continue and expand its work within the cancer community, primarily in South East London. Launched in 2014, the appeal will run for two years, concluding with the opening of the new cancer centre at Guy's hospital in 2016 where the charity's Information and Support Services for cancer patients will be based. *Dimbleby Cancer Care* will be celebrating its 50<sup>th</sup> anniversary in 2015/16. To continue to support cancer care into the future we need to raise vital funds. Every donation makes a difference, visit [www.dimblebycancercare.org/donate](http://www.dimblebycancercare.org/donate) to find out how to get involved.

### About Leon

Why can't fast food be good food? Leon, the Naturally Fast Food chain, brings you food that tastes good and does you good. At Leon everyone is inspired by one thing – to be well beings, and to make it well easy for everyone to do the same. The food is inspired by the flavours of Mediterranean cooking, and is made and served by people who love what they do. For those who don't much fancy gluten, wheat, sugar and dairy, the menu has lots of free-from dishes to choose from.